



State Games of Oklahoma



Available Events By Grade (students) and Age (adults):

Second Grade (and younger):

Limit 4 Events

50 m Dash	100 Meter Dash	200 Meter Dash
Long Jump	Softball Throw	400 Meter Dash



Third & Fourth Grade:

Limit 4 Events

50m Dash	100 Meter Dash	200 Meter Dash	4 X 100
Long Jump	Softball Throw	400 Meter Dash	4 X 200
			4 X 400

Fifth & Sixth Grade:

Limit 4 Events

100 Meter Dash	200 Meter Dash	400 Meter Dash	4 X 100
800 Meter Run	1600 Meter Run	High Jump	4 X 200
Shot Put	Discus	Long Jump	4 X 400
			4 X 800

Seventh & Eighth Grade:

Limit 4 Events

100 Meter Dash	200 Meter Dash	400 Meter Dash	800 Meter Run
1600 Meter Run	3200 Meter Run	100/110m Hurdles	4 X 100
Shot Put	Long Jump	300m Hurdles	4 X 200
Discus	High Jump	Pole Vault	4 X 400
			4 X 800

Ninth & Tenth Grade:

Limit 4 Events

100 Meter Dash	200 Meter Dash	400 Meter Dash	800 Meter Run
1600 Meter Run	3200 Meter Run	100/110m Hurdles	4 X 100
Shot Put	Long Jump	300m Hurdles	4 X 200
Discus	High Jump	Pole Vault	4 X 400
			4 X 800

Eleventh & Twelfth Grade:

Limit 4 Events

100 Meter Dash	200 Meter Dash	400 Meter Dash	800 Meter Run
1600 Meter Run	3200 Meter Run	100/110m Hurdles	4 X 100
Shot Put	Long Jump	300m Hurdles	4 X 200
Discus	High Jump	Pole Vault	4 X 400
			4 X 800

Adult DIVISION:

Unlimited Events

100 Meter Dash	200 Meter Dash	400 Meter Dash	800 Meter Run
1600 Meter Run	3200 Meter Run	100/110m Hurdles	300m Hurdles
Long Jump	Triple Jump	High Jump	Pole Vault
Shot Put	Javelin	4 X 100	4 X 200
Discus			4 X 400

Competition Divisions for Awards (2019):

Students (Grades) - - - 2 & under, 3, 4, 5, 6, 7, 8, 9, 10, 11-12

Adults (Ages) - - - - 18-19, 20-24, 25-29, 30-34, . . . 80+

Competition Divisions for Student Relay Teams (2019):

3-4, 5-6, 7-8, 9-10, 11-12

